

Parenting Programmes in Taupo for 09

Name of Program	Description	Date	Time	Venue	Facilitator	Cost
SKIP	For under 5's, 3 hour seminars	23Feb 8 June 10Aug 19 Oct	9.30 to 12.30	REAP A crèche will be provided	Anna Dawson, REAP 07 378 8109	Free
Parenting Help	Helping parents find solutions to the problems they are experiencing. Covers all ages of children	19,23,26 Feb 11,14,18 May 22,25,29 Jun 14,17,21 Sep (3 two hr sessions)	7 to 9pm	REAP	Anna Dawson, REAP 07 378 8109	\$10 per person (subsidy available if required)
Parenting Worx	How to be awesome parents – magical relationships, nurturing self belief, family peace and cooperation, and much more.... The first session is an introduction/ refresher and then the following 2 sessions are more in depth based on needs of the group.	28 Mar 4 April 5 April	9-3pm	Taupo Parents Centre Rooms, AC Baths Reserve	Sally Herbert, Taupo Parents Centre 07 378 4995 For: Lisa McKimm, Parenting Worx	\$25 members, \$50 nonmembers per session

<p>Childbirth Education antenatal classes</p> <p><u>TAUPO</u></p>	<p>For all expectant parents-not just first timers.Seven evening sessions.Topics include: Pregnancy, labour-what to expect, and early parenting</p>	<p>5 Jan 21 Jan 23 Feb 11 Mar 13 Apr 29 Apr 1 Jun 17 Jun 20 Jul 5 Aug 7 Sep 23 Sep 26 Oct</p>	<p>Mondays or Wednesdays. 7-9pm</p>	<p>Taupo parents Centre Rooms, AC baths Reserve</p>	<p>Shelley White, Taupo Parents Centre 07 378 4995</p>	<p>Free</p>
<p>Childbirth Educational antenatal classes</p> <p><u>TURANGI</u></p>	<p>For all expectant parents-not just first timers. Seven evening sessions. Topics include: Pregnancy, labour-what to expect, and early parenting</p>	<p>28 Feb & 7 Mar 25 Apr & 2 May 20 & 27 Jun 29 Aug & 5 Sep 3 & 10 Oct 5 & 12 Dec</p>	<p>Saturdays, 10am to 4pm</p>	<p>Turangi</p>	<p>Shelley White, Taupo Parents Centre 07 378 4995</p>	<p>Free</p>
<p>Baby & You</p>	<p>For parents of babies 0-5 months. 5 sessions over 5 weeks. Covers crying and feeding, sleeping, common illnesses, when to call the doctor, immunizations, coping with</p>	<p>Starting: 7 Feb 7 Apr 23 Jun 25 Aug 3 Nov</p>	<p>Tuesdays, 10am -12</p>	<p>Taupo Parents Centre Rooms, AC Baths Reserve</p>	<p>Melissa Climo, Taupo Parents Centre 07 376 8666 021 247 6013</p>	<p>\$25 members, \$50 nonmembers</p>

	change, post natal depression, childhood development, baby massage, getting back into shape, and much more....					
Moving, Munching & First Aid	For parents of children 4-8 months. 3 sessions over 3 weeks. Covers language, intellectual and physical development, introducing solids, what foods to begin with, when to start, allergies, as well as first aid actions for young children.	Starting: 11 March 27 May 26 August 2 December	Wednesdays, 10am -12	Taupo Parents Centre Rooms, AC Baths Reserve	Melissa Climo, Taupo Parents Centre 07 376 8666 021 247 6013	\$30 members, \$60 nonmembers (price includes two cookbooks)
Tinies to Tots	For parents of children 10-18months. 4 sessions over 4 weeks. Covers nutrition, safety, teeth, communication, and development, sleeping habits,	Starting: 26 March 8 October	Thursdays 7pm-9pm	Taupo Parents Centre Rooms, AC Baths Reserve	Melissa Climo, Taupo Parents Centre 07 376 8666 021 247 6013	\$20 members, \$40 nonmember

	behaviour, preschool options and lots more...					
Toddlers	For parents with children 18months -3yrs. 6 sessions over 6 weeks. Covers nutrition, sleeping, physical care, behavior, development, toilet training, and lots more...	Starting: 7 May	Thursdays 7pm-9pm	Taupo Parents Centre Rooms, AC Baths Reserve	Melissa Climo, Taupo Parents Centre 07 376 8666 021 247 6013	\$30 members, \$60 nonmember
Toolbox Parenting groups Parents Inc	6 week course using DVD's and manuals. For parents of: <ul style="list-style-type: none"> • 6-12 group • Teenage group 	Beginning term 2	2 hours each session		Robyn King and Dale Pearson, Trained facilitators for Toolbox Ph 07 378 9275	Cost to be clarified
Incredible Years	A 13 week program looking at specific parenting skills across the years	Beginning March 13th	Fri 9.30 to 11.30		Rachel Wilson, Family Works 07 3786480	Free
Parenting Through Separation	A 2 hour, 2 session course funded by Family court to assist parents in helping their children when parents have separated	Run as required. Minimum 4 people			Relationship Services 07 378 2018	Free

