

First Contact: Whakapa Tuatahi

SMALL CHANGES, GREAT GAINS—YOUR HEALTH. HEALTH ROTORUA

Community Consultation Initiatives

Health Rotorua PHO is pleased to announce that \$120 000 has been set aside to fund several one-off population health projects under the SIA (Services for Improved Access) initiative as set out by the Ministry of Health. The funding comes from an SIA under-spend from previous years where longer-term projects were just getting off the ground. Current SIA funding is largely committed so the under-spend is being used for one-off projects that wouldn't need ongoing future funding.

The PHO thought this funding initiative would be a good opportunity to give the community of Rotorua a say in the spending of their health dollars. The PHO is currently setting up a process for applications and will advertise for proposals in the near future.

Warm Welcome to New PHO Practice

On 1 October, 2008 Health Rotorua PHO welcomed onboard its newest practice, Ngati Pikiao Health Services. The inclusion of Ngati Pikiao Health Service brings all of Rotorua's general practices together as one primary healthcare grouping. The move allows patients enrolled with Ngati Pikiao's general practice to enjoy the full range of healthcare support programmes the PHO offers and we appreciate the work done by Ngati Pikiao Health Services, Rotorua Area Primary Health Services (RAPHS) and Lakes DHB to enable this to happen.

Healthy Lifestyle Team's Latest Success

Five members of the PHO's Healthy Lifestyle Team: Wayne Rogers, Mere Marsh, Parekura Anaru, Ann Kururangi and Gary Parker graduated on 28 November 2008 with a National Certificate in Hauora (Maori Health). This seven month course is fully accredited and was run through the Tipu Ora PTE.



Inaugural Community Maori Health Provider Hui

On 28 October, 2008 more than 30 people from 18 different Maori Health Provider organisations came together for the inaugural Community Maori Health Provider Hui, with the purpose of establishing a co-ordinated provider network. The network will allow for providers to meet, support each other, share experiences, learn of new funding opportunities, and generally plan for the future.

Response from those attending the hui was positive, with clear interest in maintaining the network. The major outcomes were the establishment of a Provider Steering Group and the commitment to meet again in February 2009.

PHO Helping to "Kick Butts"

Health Rotorua PHO in-conjunction with Rotorua District Council are helping make the parks and children's play-areas of Rotorua, smokefree as of 20 December 2008. The PHO funded the multi-lingual signs for all the parks and play areas.



Rotorua Daily Post Photo

Small changes.....great gains

In this issue:

- Community Consultation Initiatives
- Warm Welcome to New PHO Practice
- Healthy Lifestyle Team's Latest Success
- Inaugural Community Maori Health Provider Hui
- PHO Helping to "Kick Butts"
- Hei Tangata—People of Health Rotorua PHO
- Award Winning PHO Programmes
- Successful PHO Sponsored Events

Enroll with Health Rotorua through these practices

Central City Medical
Eruera Medical Centre
Hinemoa House Family Health Care
Korowai Aroha Health Centre
Kuirau Medical Centre
Murupara Medical Centre
Ngapuna Health Centre
Ngongotaha Medical Centre
Ranolf Medical Centre
Rotorua Medical Centre
Selwyn Heights Medical Centre
Surgery 10
Te Ngae Medical Centre
The Owhata Surgery
Westbrook Surgery
Westend Medical Centre
Western Heights Health Centre

Contact Health Rotorua

Phone: (07) 921 5126
Fax: (07) 921 5127
Email: enquiries@hrpho.org.nz
Website: www.hrpho.org.nz
Post: PO Box 543
Rotorua 3040
2/55 Marguerita St, Rotorua

Hei Tangata – People of Health Rotorua PHO

In this edition we profile newly elected Health Rotorua PHO Director Tupou Tu'ilautala (Lau) Lasike. Lau is a Principal of Chartered Accountants Kusabs Lasike Ltd. As a committed member of both the Pacific and broader Rotorua communities Lau serves on several other boards: Bainbridge House Charitable Trust, Rotorua District Community Law Centre Trust, Rotorua Pacific Island Development Charitable Trust, Rotorua Tongan Community Trust, Rotorua YMCA and the Westland Community Consultative Committee. Lau, a graduate of Waikato University, has formerly been a Business Management Mentor. He is married with one child.

Lau takes over from Judith Stanway, former Chair of the Health Rotorua PHO Board since its inception in 2004. We would like to thank Judith for her outstanding contribution - she will be greatly missed. However, with Lau and Judith both sharing a financial background, we can ensure the board's strengths and dynamics will be well maintained.



Lau Lasike's appointment was made by the Health Rotorua Charitable Trust.

Award Winning PHO Programmes

New Zealand Recreation Association SPARC Push Play Award 2008

This award went to the Dads n Lads – Introduction to Mountain Biking Programme. This programme, delivered by Sport Bay of Plenty, encourages fathers and sons not only to be active, but to be active together learning a fun and useful across-a-lifetime skill. There have been over 40 participants in the programme to date.

Lakes District Health Board Whanau Ora Award

The award went to the PHO funded Whanau Ora Programme. This programme, delivered by Rotorua Area Primary Health Services (RAPHS), is designed to use a whanau ora approach for Care Plus patients who have been unresponsive to other more "mainstream" approaches and has been funded by the PHO for over 3 years now.

Rotorua Energy Charitable Trust Social Responsibility Award

The award went to Bike Vegas and a component of their application was the PHO funded Re-Cycle Programme. This programme, delivered by Sport Bay of Plenty in conjunction with Bike Vegas involved Rotorua residents donating unwanted bikes to the programme. The bikes were given a 'health and safety check' by local bike company Bike Vegas and the cost of the repairs and helmets were covered by the PHO. To date, more than 100 people have benefited from the programme.

Successful PHO Sponsored Events

Push Play Breakfast – 7 November, 2008

This year's Push Play Breakfast was based at the volcanic playground and over 280 participants completed the passport challenge of visiting on foot at least five checkpoints located across Rotorua. The PHO provided a healthy breakfast for all participants and this was all part of Push Play month.



Tour de Lake Front – 8 November, 2008

The Tour de Lake Front is a kids' cycle event around the shores of Lake Rotorua and the Government Gardens area. Approximately 580 children participated in the event, 11 belonging to PHO staff members. The PHO supplied bottled water and fresh fruit at the finish line to all participants (and hot and bothered parents and marshals).



Apumoana Whanau Health Day – 16 November, 2008

The Apumoana Whanau Health Day was to celebrate the Apumoana and Hurunga Te Rangi Marae becoming smokefree. During the day smoking cessation advice and healthy eating demonstrations were given. Seventy attendees were screened for Cardio Vascular Disease (CVD) using PHO funded testing equipment. A heart disease champion, Tamati Davis, sponsored by PHARMAC spoke to attendees and a wide range of other health promotions services were at hand. Five PHO staff members attended the day, with two providing fun activity circuits for the tamariki. The day could not have happened without the collaboration of Ngati Pikiao Health Services, RAPHS, Toi Te Ora, Korowai Aroha, PHARMAC and Health Rotorua PHO.

